

Autism in Action announces the re-bundled sets of Autism “How-To” Teaching Programs:

 **Aspen Series (Asperger Syndrome)** 

AS-001	Using An Emotion Scale To Express Feelings And Self-Manage Behavior
AS-002	Using A Non-Verbal Strategy To De-Escalate Behavior
AS-003	Staying On Topic While Decreasing Hyper-Verbal Behavior (“Stim Talk”)
AS-004	Distinguishing Between “Big Rules” And “Little Rules”
AS-005	Reducing Verbal Self-Stimulatory Behaviors (“Verbal Stims”)

 **Birch Series** 

A-001	Identifying Common Objects
B-001	Staying In A Designated Location
B-002	Introducing New Foods
C-005	Requesting “Help”
I-001	Identifying Positive Reinforcers
R-001	Imitating Actions
R-002	Making Eye Contact With Others
SCE-001	Eating One Bite At A Time

 **Cedar Series** 

B-005	Sitting In A Chair
B-008	Following Familiar Directions (Compliance Training)
B-009	Decreasing Masturbation Behavior In Public Settings
B-017	Using Letters And Words To Decrease Behavior (A Response Cost System)
C-001	Requesting Desired Items And Activities Using Pictures
C-004	Answering “Yes” To Questions
SCD-001	Dressing
SCT-001	Collecting Information To Begin Toilet Training

 **Elm Series** 

B-003	Sitting At The Table For Meal Times
B-004	Responding To “Stop”
B-013	Decreasing Pica Behavior (Eating Non-Edible Items)
B-016	Decreasing Self-Stimulatory Behavior (“Motor Stims”)
C-002	Naming Objects With Words
SCG-001	Washing Hands
SCT-002	Sitting On The Toilet



Maple Series

B-006	Decreasing Self-Biting Behavior
B-010	Cleaning Up Materials
B-011	Using Letters And Words To Improve Behavior (A Token Reinforcement System)
B-012	Decreasing Feces Smearing
C-006	Requesting A Break
S-001	Taking Turns With Another Person
SCT-003	Moving From A Pull-Up To The Potty (Schedule Training)



Oak Series

B-007	Staying Near An Adult In Public Settings
B-014	Using Music To Increase Independence
B-015	Managing Sound Sensitivities
C-003	Making Choices By Pointing Or Touching
S-002	Using Play Items Appropriately
SCG-002	Brushing Teeth
SCT-004	Initiating A Request To Use The Bathroom With An Object Or Picture